

Quarantine Mental Health Check Quiz

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Problem Approach Tasks and Heart-humanity (PATH)

PROBLEM

- COVID and quarantine have prevented in-person interaction causing mental health to become a more widespread issue.
- Many college students may not realize why they feel as they do; a simple quiz can help show how to get help and what to do

APPROACH

- Create an interactive quiz where individuals can quickly screen themselves.
- Get instant feedback based off your score

TASKS

- Creating the UI and aesthetic
- Researching to create relevant questions and responses
- Building the code blocks

HEART-HUMANITY

- We learned how to create a cumulative scoring system that can give appropriate responses
- Hospitals, clinics, psychologists, etc could all benefit from a simple screening test like ours

Project Details

Questions

Adequate Score

Low Score

I talk with someone else once a day.

1 - Strongly Disagree

2

3

4

5 - Strongly Agree

Score : 0

Your Score: 0 / 50

Your mental health is good!

Keep staying safe!

Your Score: 0 / 50

Your Mental Health Needs Improvement.

Visit the CDC's website to gather information on methods to improve your mental health.

```
initialize app variable score to 0
when Answer 1 Click
do
  change app score by 1
  from Score Number set Text to app score
  wait 1 seconds
  navigate to Question 2
```

Base Code for Questions

```
when Answer 1 Click
do
  change app score by 1
  from Score Number set Text to app score
  wait 1 seconds
  if app score <= 25
  do
    navigate to Low Score
  else
    navigate to High Score
```

Code For Final Question

Project details

How will you promote/implement your app if given an opportunity to?
discuss future use of app

- Make it available to app stores such as apple or google
- Advertise it to the school or on a much larger scale
- Future "models" of this app could go into even more detail
- This app could also function as a general mental health check after covid

Our App